

EMERGENCY RESOURCES <i>Eastern Band of Cherokee Indians</i>	
Resource	Phone Number
Family Safety Program (FSP) Protective Services for Adults and Children 24-Hour Hotline	828-497-4131
Cherokee Indian Police Department	828-359-6600
Eastern Band of Cherokee Indians DV / SA Program 24-Hour Crisis Line	828-359-6830

EMERGENCY RESOURCES	
Resource	Phone Number
EMS/FIRE/POLICE	911
Family Abuse Services 24-Hour Crisis Line	828-226-5985
Alzheimer's Association 24-Hour Hotline	800-272-3900
National Domestic Violence 24- Hour Hotline	800-799-7233
National 24-Hour Helpline for Substance Abuse	877-726-4727
National Suicide Prevention 24- Hour Hotline	800-273-8255

RESOURCES BY COUNTY & TYPE OF SERVICE

Eastern Band of Cherokee Indians • Cherokee County • Haywood County •
Graham County • Jackson County • Swain County

EASTERN BAND OF CHEROKEE INDIANS SENIOR RESOURCES

Senior Centers & Programs

Tsali Manor Senior Citizens Program

Provides a specialized program guiding participants through a fun, rewarding, and meaningful day while affording the caregiver respite from caregiving duties. Each participant receives individualized attention and stimulating activities throughout the day. The program also addresses needs and concerns of caregivers through respite time, monthly support group, and educational opportunities.

The Senior Citizen Program's primary purpose is to provide services to any elderly client age 59 ½ or older. Our emphasis is on providing hot nutritious meals at Tsali Manor Senior Citizens Center.

We also provide hot home-delivered meals, frozen home-delivered meals, and winter weather emergency meals to our Homebound Elders in each of the communities.

Other services provided are: heating assistance, emergency assistance, crafts, exercise classes, tax information (VITA), and day trips and other outings such as hair care and shopping

(Main Line)

828-359-6860

Senior Citizens Manager:
Debbie West

828 359 6291

or

828 736 3950

145 Tsali Manor Street
Cherokee, NC 28719

Contact:

Sherry Welch

828-359-6290

Congregate,
Homebound Meals,
Supplement

<p>Heat Assistance/Emergency Assistance Program</p> <p>Helps with emergency needs for utilities or basic essentials</p>	<p>Contact: Krisna Ashe</p> <p>828 359-6294 or 828 421-7364</p>
<p>John Welch Center <i>Easter Band of Cherokee Indians Murphy, NC</i></p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides congregate senior meals 	<p>Site Supervisor: Courtney Myers 828-359-6270</p> <p>(Main Line) 828-835-9741 or 828-359-6270</p> <p>302 Airport Road Marble, NC 28905</p>
<p>Snowbird Center <i>Easter Band of Cherokee Indians Cherokee County, NC</i></p> <p>Hours: 7:45am to 4:30pm Monday – Friday</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides congregate senior meals 	<p>(Main Line) 828-479-9145</p> <p>157 Jackson Branch Rd, Robbinsville, NC 28771</p> <p>Site Supervisor: James Jones 828-346-6744</p>
<p>Caregiver Respite Program</p> <p>Offers support to family members who provide care for our Tribal elders</p> <ul style="list-style-type: none"> • Referrals to other community resources • Short term respite care based on assessing the needs of the family. 	<p>Program Manager: Melanie Ashe 828-359-6870 (Main Line) 828-359-6872</p> <p>73 Kaiser Wilnoty Drive P.O Box 365</p>

	Cherokee, NC
Nursing Homes/Assisted Living	
Tsali Care Nursing Facility <ul style="list-style-type: none"> • Long term care facility for individuals with special needs • Provides varied levels of medical care and personalized treatment. 	828-497-5048 55 Echota Church Rd Cherokee, North Carolina 28719
Education/Support Groups	
Alzheimer's Support Group	828-359-6860
Cherokee Cancer Support Group- Betty D's Place 10am – 2pm (Monday – Friday) Non-profit organization located on the Qualla Boundary serving members of the Eastern Band of Cherokee Indians who have been diagnosed with cancer. Offer assistance with travel, mastectomy items, nutritional supplements & educational resources.	828-497-0788 40 Goose Creek Rd, Cherokee, NC 28719 P.O Box 2220 Contact: Wilbur Paul
Food Resources & Assistance	
Community Table Meals: <i>everyone welcome *drive pick up only*</i> Mondays, Tuesdays, Thursdays, and Fridays from 4:00pm-5:30pm Food Pantry: <u>Jackson County, NC residents only</u> , every 2 weeks) on the same days between 11:00am-5:30pm	828-586-6782 23 Central Street, Sylva NC (next to Sylva Pool and across from Potteet Park) Executive Director: Paige Christie
Everett Street Presbyterian Church Sanctuary Food Pantry: Tuesdays (6pm - 8pm) Friday (10am-12pm) *need food voucher from Swain County Social Services*	828-488-2480 311 Everett Street, Bryson City, NC

<p>Food Lion 7am – 11pm (Monday – Sunday)</p>	<p>(828) 497-4743</p> <p>16 Cherokee Crossing Rd Ste 1, Ste 1, Whittier, NC 28789</p>
<p>Grace House Food Pantry Food Pantry: 4 Saturdays a month (9am -10am) *open-door policy - phone number and address needed*</p>	<p>Contact: Judy Revis 828-269-8859 Across from the post office in Whittier, at the corner of Church and Main Streets</p>
<p>Living Waters Lutheran Church Hours: Wednesdays (12pm-3pm) Thursdays (10:30am-3pm) *clothes pantry available*</p>	<p>(Main) 828-497-3730 30 Locust Branch Road, Cherokee, NC 28719</p> <p>Food Pantry Rev. Jack Russell 828-788-6455</p>
<p>United Christian Ministries <i>*Must be a Jackson County Resident*</i> Hours: Monday, Thursday, Friday (10am-3pm) Tuesday (12:30pm-5:00pm) Wednesday (10am-12:30pm)</p>	<p>828-631-0317</p> <p>3 Skyland Drive, Sylva, NC</p>
<p>Tribal Food Distribution Program M-F, 7:45a.m. - 4:30 pm (closed between 1-2 pm)</p> <p>Assists the community in obtaining their nutritional needs.</p>	<p>828-359-9751</p> <p>2260 Old Mission Road Cherokee, NC 28719</p>
Social Services	
<p>PHHS / Family Safety Program Adult Protective Service (APS)</p>	<p>828-359-1520</p> <p>After Hours:</p>

<p>M-F, 7:45a.m. - 4:30pm</p> <p>Accepts reports and investigates elder abuse, neglect, and exploitation. Can offer services to vulnerable adults in need of assistance. Can bring legal action to support an adult who is being abused, neglected, or exploited.</p>	<p>828-497-4131 117 John Crowe Hill Dr. Cherokee, NC 28719 P.O Box 666</p>
<p>County Department of Social Services/ & Health Department</p> <p>Provides children’s health and dental services, environmental health services, health education, Women & Infant Children (WIC) services, and provides clinics for child health and dental care, communicable diseases, immunizations, maternity care, women’s health and family planning</p>	<p>Social Services</p> <p>Jackson 828 586 5546</p> <p>Swain 828 488 6921</p> <p>Graham 828 479 7911</p> <p>Haywood 828 452 6620</p> <p>Cherokee County 828 837 7455</p> <p>Clay 828 389 6301</p> <p>Health Department</p> <p>Jackson 828-586-8994</p> <p>Swain 828-488-3198</p> <p>Graham 828-497-7900</p> <p>Cherokee 828-837-7486</p> <p>Clay 828-389-8052</p>

<p>Ernestine Walkingstick Domestic Violence Shelter (Tribal Domestic Violence/Sexual Assault Program)</p> <p>M-F, 7:45a.m. - 4:30pm Provides client-centered services in a single location, including safety planning, assistance with safe shelter, assistance obtaining a domestic violence protective order, court advocacy and accompaniment, support groups, legal assistance, assistance for victims with domestic violence related criminal charges, child protective services, supervised visitation, financial assistance enrollment, job readiness, budget counseling, and human trafficking victim advocacy</p>	<p>828-359-6830</p> <p>117 John Crowe Hill Dr. Cherokee, NC 28719 P.O Box 666</p>
<p>Family Support Services Hours: 7:45am – 4:30pm (Monday – Friday)</p> <p>Provides economic assistance with basic subsistence needs, and works to protect children, vulnerable adults, and to strengthen families and individuals towards self-sufficiency.</p> <p>Each member of EBCI is eligible for a benefit upon their death towards the payment of their funeral services.</p>	<p>828-359-6092</p> <p>Program Manager Barbara Jones 828 359 5605</p> <p>73 Kaiser Wilnoty Drive P.O Box 507 Cherokee, NC 28719</p> <p>(Main) 828 346 6975</p> <p>Supervisor Kathy Holloway 828 346 6977 (Graham/Cherokee counties)</p>
End of Life Services	
<p>CarePartners Health Service</p> <p>Provides spiritual, emotional, and medical support for individuals with life-limiting illnesses.</p>	<p>(828) 277-4800</p>

	68 Sweeten Creek Rd., Asheville, NC 28803
Four Seasons Provides co-created care for people with serious illness	(828) 526 2552 272 Maple Street Franklin, NC 28734
Harris Palliative Care and Hospice Provides spiritual, emotional, and medical support for individuals with life-limiting illnesses.	828-631-1702 68 Hospital Road Sylva, NC 28779
Financial Services & Institutions	
1st Family Services in Indian Country, LLC (Rep. Payee) Can act as a representative payee to help adults manage their Social Security / Social Security Disability income. A good option for adults who may not need a guardian but can use support in managing their money. Also helps prevent those funds from being exploited.	828-497-4317 P.O Box 1415 Cherokee, NC 28719
EBCI Finance (Accounting & Per Capita Distribution)	828-359-6000
First Citizens Bank 8:30am - 5pm (Monday - Friday)	(828) 497-1554 111 Cherokee Crossing Rd, Whittier, NC 28789
First Citizens Bank 9am - 5pm (Monday - Friday)	(828) 497-2041 701 Tsali Blvd, Cherokee, NC 28719
Mountain Credit Union 8:30am - 5pm (Monday - Friday)	(828) 497-6211 3533 US-441, Whittier, NC 28789
United Community Bank 9am - 5pm (Monday - Friday)	(828) 497-3734 3273 US-441, Whittier, NC 28789
Funeral Services	

Appalachian Funeral Services	(828) 586-2444 165 Skyland Dr., Sylva, NC 28779
Crisp Funeral Home <ul style="list-style-type: none"> • Funeral services & cemeteries 	(828) 488-3222 669 Highway 19 S, Bryson City, NC 28713
Long House Funeral Home <ul style="list-style-type: none"> • Funeral services & cemeteries 	(828) 497-1408 407 Wolfetown Rd, Cherokee, NC 28719
Healthcare & Mental Health Services	
Analenisgi Mental Health Center Provides out-patient mental and behavioral health services. Adults can seek counseling and other services through Analenisgi.	828-497-6892 1 Hospital Road, Cherokee, NC 28723 Contact: Freida Sailor
Cherokee Indian Hospital Authority Hours of operation: open 24 hours a day, 365 days a year. Inpatient visiting hours are 8 a.m.–8 p.m. daily. Dental, Eye Clinic, Nutrition, PT, Ortho, Wound Care, Radiology, Pharmacy, Laboratory, Respiratory Therapy, Durable Medical Equipment, Emergency Care, Inpatient Substance Abuse Treatment Cherokee Hospital – Immediate Care Clinic 9am – 6pm (Monday – Friday)	828-497-9163 1 Hospital Road Cherokee, NC 28723 (828) 554 5555 1 Hospital Road Cherokee, NC 28723

<p>Cherokee County Clinic Hours of operation: Monday, Tuesday, Thursday: 8 a.m.–4:30 p.m. Wednesday: 7:30 a.m.–5:30 p.m. Friday: 8:30 a.m.–3 p.m. Services Provided:</p> <ul style="list-style-type: none"> • Primary care (wellness and illnesses) • Lab services • Sports physicals • Diabetic checkups • Women’s wellness exams • Dental services 	<p>828-837-4312 328 Airport Rd., Marble, NC 28905</p>
<p>Cherokee Pharmacy Hours: 9am – 6:30pm (Monday – Friday) 9am – 3pm (Saturday) Closed Sunday</p>	<p>(828) 497-2273 664 Casino Trail, Whittier, NC 28789</p>
<p>Davita Dialysis Center (Cherokee) Hours: 5:45am – 3:45pm (Monday – Saturday), Closed on Sundays Provides health care services to patients suffering with kidney disease.</p>	<p>828-497-6866 53 Echota Church Road, Cherokee, NC 28719</p>
<p>Southeastern Physical Therapy, Canton</p> <ul style="list-style-type: none"> • Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties • Specializes in treatment and post-operative care of the shoulder, knee, ankle, elbow, hip, cervical spine, and lumbar spine 	<p>828 492 1480 80 Main Street Canton, NC</p>
<p>Southeastern Physical Therapy, Waynesville</p> <ul style="list-style-type: none"> • Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties • Specializes in treatment and post-operative care of the shoulder, knee, ankle, elbow, hip, cervical spine, and lumbar spine 	<p>828 246 6566 33 Valley View Terrace Waynesville, NC</p>
<p>Tribal In-Home Care Services Monday – Friday 7:45 am – 4:30 pm</p>	<p>(Main) (828) 359 6872</p>

<p>In-Home Care provides services to homebound, acutely ill, elderly, and disabled residing on the Qualla Boundary.</p> <p>Tribal Lifeline Program</p> <ul style="list-style-type: none">❖ Provides home based medical monitoring❖ 24/7 Medical Monitoring in your home	<p>Program Manager Melanie Ashe 828-359-6870</p> <p><i>828-497-9163 after hours and emergencies (on call 24/7)</i></p> <p>73 Kaiser Wilnoty Drive Cherokee, NC 28719 P.O Box 365</p> <p>(Main) 828-359-6872</p> <p>Program Coordinator: Lillie Cline 828-359-6886</p> <p>73 Kaiser Wilnoty Drive Cherokee, NC 28719 P.O Box 365</p>
<p>Tsalagi Public Health M-F, 7:45a.m.-4:30p.m.</p> <p>Provides children’s health and dental services, environmental health services, health education, Women & Infant Children (WIC) services, and provides clinics for child health and dental care, communicable diseases, immunizations, maternity care, women’s health and family planning</p> <p>Tsalagi Public Health Syringe Services Program</p>	<p>828-359-6240</p> <p>73 Kaiser Wilnoty Drive Cherokee, NC P.O Box 736</p> <p>828-359-6879</p>

<p>Hours: Monday: 11am–5pm Thursday: 11am – 3pm Friday: 11am – 5:30pm</p> <p>Provides comprehensive harm reduction services such as providing participants with sterile syringes and clean injection equipment</p> <p>Goal: to provide a safe, non-judgemental environment for any participating in the program and to develop meaningful relationships with our participants in hopes of nurturing the need to recover</p>	<p>174 John Crowe Hill Drive, Cherokee, NC 28719</p>
<p>Snowbird Health Clinic Hours of operation: Monday, Wednesday, Thursday: 8 a.m.–4:30 p.m. Tuesday: 7:30 a.m.–5:30 p.m. Friday: 8 a.m.–3 p.m.</p> <p>Services Provided:</p> <ul style="list-style-type: none"> • Primary care (illnesses) • Sports physicals • Geriatric care • Nutrition assistance • Dental care • Mental health services • Pharmacy services (only intermittent service at this time) 	<p>828.479.2501 96 Snowbird School Rd., Robbinsville, NC 28771</p>
<p>Housing Assistance</p>	
<p>Housing and Community Development M-F, 7:45a.m.-4:30p.m. Assists enrolled members in obtaining mortgage loans, both on- and off-Boundary, to purchase or construct a home; down payment assistance; and rate buy-down funds. Additionally, offers renovation loans for eligible homeowners.</p> <p>Qualla Housing M-F, 7:45a.m.-4:30pm Housing Assistance. Strives to provide affordable, decent, safe, and sanitary housing for members of the Eastern Band of Cherokee Indians.</p>	<p>828-359-6906 or 828 359 6320</p> <p>687 Acquoni Road Cherokee, NC 28719</p>

<p>HIP (Housing Improvement Program)</p> <p>Assists with home repair, renovation, replacement, and new housing</p>	<p>Contact: Cindi Squirrel</p> <p>828-359-5520 or 828-507-7748</p> <p>52 Cherokee Boys Club Loop Cherokee NC 28719</p>
<p>Tribal H.E.L.P.</p> <p>Offers home repairs to elders and the disabled.</p>	<p>Contact: Stephanie Welch 828-359-6638</p> <p>145 Tsali Manor Street P.O Box B.5 Cherokee County</p> <p>Contact: Jeff Thompson 828 736 9363</p>
Area Homeless Shelters	
<p>BeLoved Asheville</p> <ul style="list-style-type: none"> provides services for the homeless 	<p>(828) 571-0766</p> <p>32 Old Charlotte Hwy, Asheville, NC 28803</p>
<p>Haywood Pathways Center</p> <p>Office Hours: 9am – 5pm <u>Must be a resident of Haywood County</u></p> <ul style="list-style-type: none"> Haywood Pathways Center is a faith based 501 (c) 3 nonprofit organization in Haywood County that provides adult and family emergency shelter, halfway house for men and women recently released from prison, short term residential 	<p>Director: Mandy Haithcox</p> <p>Main: (828) 246-0332</p>

<p>program for individuals seeking life transformation and soup kitchen providing free meals to those living in the shelter and within our community</p> <ul style="list-style-type: none"> • Services are open to anyone in Haywood County regardless of age, race, gender, religion or nationality. No one who is sober and drug free is turned away for a short stay, but participation in the short term residential program requires the commitment to participate in a program, or programs, of Christ centered rehabilitation. 	<p>179 Hemlock St, Waynesville, NC 28786</p>
<p>HERE in Jackson County, Inc.</p> <ul style="list-style-type: none"> • HERE's mission is to end homelessness throughout Jackson County by providing temporary emergency shelter, housing-focused case management services and short-term financial assistance. Our vision is to secure stable affordable housing and end homelessness throughout Western North Carolina. 	<p>(828) 477-4946</p> <p>77 Eastgate Dr, Sylva, NC 28779</p>
<p>Hurlburt Johnson Friendship House</p> <ul style="list-style-type: none"> • The Mission of the Hurlburt-Johnson Friendship House is to offer shelter and support services in a nurturing, safe and caring environment to homeless families and individuals in Cherokee County and surrounding areas with an emphasis on achieving self-sufficiency. 	<p>(828) 837-2654</p> <p>73 Blumenthal St, Murphy, NC 28906</p>
<p>Restoration House Office Hours: Mon – Fri 10am - 2pm</p> <ul style="list-style-type: none"> • The mission of Restoration House – WNC is to provide Restorative Services for all people at zero to minimal cost in the Western North Carolina region. The restorative services are for the mind, body and heart and may include: free medical care, free counseling, access to free food and supplemental education as well as temporary emergency housing. 	<p>828-538-4540</p> <p>81 Academy Street PO Box 154 Bryson City, NC 28713</p>

<p>Western Carolina Rescue Ministries</p> <p>Services:</p> <ul style="list-style-type: none"> • Overnight Emergency Shelter • Hot Meals Served Daily • Food Boxes • Counseling • Job Training • Recovery Programs <p>Requirements for Intake:</p> <ul style="list-style-type: none"> • government issued photo ID • negative COVID test • no sexual registry 	<p>828 254 0471</p> <p>225 Patton Avenue P.O. Box 909 Asheville, NC 28801</p>
<p>Information / Referral, Care Management / Special Assistance</p>	
<p>Southwestern Commission Area Agency on Aging Ombudsman Program & Caregivers Program</p> <p>Works closely with Community Advisory Committees for Long Term Care to serve as a link between the local communities and the long-term health care facilities in each county.</p>	<p>Contact: Anna Rogers</p> <p>(828) 586-1962 extension: 223</p>
<p>Cherokee Child Support Services & TANF</p> <p>Assists with locating noncustodial parents, establish paternity, establish and enforce support orders, modify orders when appropriate, collect and distribute child support payments, and refer parents to other social service programs</p>	<p>Cherokee 828-497-4317</p> <p>1526 Acquoni Road PO Box 427 Cherokee, NC 28719</p>
<p>Services for the Blind</p>	<ul style="list-style-type: none"> • Jackson 828-586-5546 • Swain 828-488-6921 • Graham 828-497-7911 • Cherokee 828-837-7455 • Clay 828-389-6301

<p>NC Division of Services for Persons who are Deaf / Hard of Hearing</p> <p>Provides information, skills and tools that a person who is deaf or hard of hearing may need to achieve effective communication and access to resources in his/her community for independence and full participation in society.</p>	<p>Jackson 828-586-5546</p> <p>Swain 828-488-6921</p> <p>Graham 828-497-7911</p> <p>Cherokee 828-837-7455</p> <p>Clay 828-389-6301</p>
<p>Insurance / Benefits Information</p>	
<p>Social Security Administration</p> <p>Provides retirement, disability, and survivors benefits to eligible recipients.</p> <p>Social Security Administration</p> <p>Provides retirement, disability, and survivors benefits to eligible recipients.</p>	<p>(National) 877-319-3075</p> <p><u>Tribal</u> 828-369-2972</p> <p>Social Security Administration Public Service & Government</p> <p>2123 Lakeside Dr, Franklin, NC</p>
<p>Veterans Services for Elder/Disabled (by county)</p> <p>Provides VA benefits and services in the following major categories: Compensation; Pension; Health Care; Vocational Rehabilitation; Education; Home Loans; Dependents & Survivors; Burials; Life Insurance</p>	<p>Jackson 828-631-2231</p> <p>Swain 828-488-9273</p> <p>Graham 828-479-7966</p> <p>Cherokee 828-835-8663</p> <p>Clay 828-389-3355</p>

<p>Supplemental Health Insurance Program (SHIP)</p> <p>M-F, 7:45a.m.-4:30pm</p> <ul style="list-style-type: none"> • Provides Medicare beneficiaries and caregivers information and counseling about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance. • The counselors are available via a toll-free line, and they offer free and unbiased information regarding Medicare health care products. They also help people recognize and prevent Medicare billing errors and possible fraud and abuse through the NC SMP Program. 	<p>828-359-6183. Britney Ensley (PHHS) or 828-359-6180</p> <p>43 John Crowe Hill Dr. Cherokee, NC 28719</p> <p>Toll Free: 855-408-1212</p>
Court & Legal Resources	
<p>Attorney General (Legal)</p>	<p>828-359-7434</p>
<p>BIA Realty</p> <ul style="list-style-type: none"> • To protect and improve the trust assets of American Indians, Indian Tribes, and Alaska Natives 	<p>828-497 9131</p>
<p>Cherokee Clerk of Court</p> <p>M-F, 7:45a.m.-4:30pm</p> <ul style="list-style-type: none"> • Files civil lawsuits; Landlord/Tenant Disputes and Summary Ejectment; Claims for Monies Owed; Recovery of Personal Property; Domestic Relation Lawsuits; Child Support; Domestic Violence; Child Custody, Equitable Distribution of Property, Alimony; Absolute Divorce; Civil Judgments; etc. • Provides information on criminal cases; scheduling and retains records for all criminal case matters in Tribal Court. 	<p>828-359-1060</p> <p>137 7 Clans Lane Cherokee, NC P.O Box 1629</p>
<p>Cherokee Detention Center (Jail)</p>	<p>828 359 6692</p>
<p>EBCI Legal Assistance Program</p> <p>M-F, 7:45a.m.-4:30pm</p> <p>Provides free legal services to Tribal members.</p>	<p>828-359-7400</p> <p>Ginger Lynn Welch Complex 810 Acquoni Road Cherokee, NC 28719</p>

	P.O Box 2280
NC Lawyer Referral Service	800-662-7660
Non-emergency Cherokee Police Dept.	828-359-6600
Tribal Court	828-359-1068 91 Seven Clans Ln, Cherokee, NC 28719
Tribal Magistrate M-F, 7:45a.m.-4:30pm <ul style="list-style-type: none"> • Provides services in criminal matters by issuing arrest and search warrants and setting bail. • In civil matters, the magistrates may hear small claims cases, including summary ejection (landlord's action to evict a tenant) cases. The magistrate is also authorized to perform marriage ceremonies, administer oaths, verify pleadings, and take acknowledgments (notarization) of instruments. 	828-359-6697 91 Seven Clans Ln, Cherokee, NC 28719
Tribal Prosecutor's Office M-F, 7:45a.m.-4:30pm Provides prosecution of the laws of the Eastern Band of Cherokee Indians, working in partnership with law enforcement to protect families and create safer neighborhoods.	828-359-6218 91 Seven Clans Ln, Cherokee, NC 28719
Transportation	
Cherokee Cabs <ul style="list-style-type: none"> • Taxi service 	(828) 269 8621 125 Tee Pee Dr Whittier, NC 28789
Cherokee Transit Provides public transportation.	Main Line Dispatch: 828 359 6300 or 828-359-6740 680 Acquoni Road Cherokee, NC 28719

	P.O Box 2289
Miscellaneous	
Cablevision	828-497-4861
Cherokee Broadband	828-359-1000
Cherokee Boy's Club Elder Fuel Delivery and Elder Mowing	Contact: Donnie Owle 828 736-7612
EBCI Enrollment	828-359-6467 OR 828-359-6465
One Feather Newspaper	828-359-6262 OR 828-359-6264
Post Office Hours: 9am – 4:30pm (Monday – Friday)	828-497-3891 671 Tsali Blvd, Cherokee, NC 28719
Recycling	828-359-6141
Sanitation	828-359-6140

CHEROKEE COUNTY SENIOR RESOURCES

Healthcare	
Erlanger Western Carolina Hospital • inpatient and outpatient medical services	828 837 8161 3990 East US Hwy 64 Alt, Murphy
Urgent Care Center, Erlanger Hours: Mon – Sat 8am to 7pm Sunday: 10am to 6pm	828 837 4712 183 Ledford Street Murphy, NC

<p>Cherokee County Health Department</p> <ul style="list-style-type: none"> • assists with public health needs for Cherokee County <p>Lab Hours: Monday – Thursday 7am to Noon and 1:00pm to 4:30pm Friday: 7am to 11:30am</p> <p>Clinic Hours: Monday – Friday 8am to noon and 1pm to 5pm</p>	<p>828 837 7486</p> <p>228 Hilton Street Murphy, NC</p>
<p>Andrews Health Center – Cherokee County</p> <p>Lab Hours: Thursdays Only 8am to 11:30am</p>	<p>828 835 4536</p> <p>15 High School Drive Andrews, NC</p>
<p>Health Care Specialists</p>	
<p>Smoky Mountain Foot Clinic</p> <p>Hours: 8:30am – 5pm Monday – Friday</p> <ul style="list-style-type: none"> • treats foot and ankles problems 	<p>828 835 8389</p> <p>35 NC Hwy 141 Murphy, NC 28906</p>

<p>Hospice & Palliative Care</p>	
<p>Good Shepherd Hospice</p> <p>Services:</p> <ul style="list-style-type: none"> • Caregiver Support • Hospice Care • Palliative Care Services • Grief Support • Spiritual Support 	<p>828 516 1104</p> <p>75 Medical Park Lane, Suite C Murphy, NC</p>
<p>Four Seasons Hospice & Palliative Care</p> <p>Services</p> <ul style="list-style-type: none"> • Care Navigation • Home Care • Palliative Care • Hospice Care • Greif Services 	<p>866 466 9734</p> <p>3 Wilson Street Andrews, NC</p>

Home Health & In Home Services	
Erlanger Western Carolina Hospital Home Health <ul style="list-style-type: none"> • Community Alternatives Program (CAP) 	828 837 8161 3990 East US Hwy 64 Alt, Murphy, NC
Cherokee County Department of Social Services In Home Aid Services <ul style="list-style-type: none"> • assistance for disabled adults and families with basic daily living activities such as house cleaning, preparation of meals, shopping, transportation, etc. 	828 837 7455 4800 W US Highway 64 Murphy, NC
Golden Years of Murphy Hours: 8:30am to 3:00pm Monday – Friday	(828) 837 6769 518 US-64 Murphy, NC
Mountain Home Health Services Services: <ul style="list-style-type: none"> • Skilled Nursing • Physical Therapy • Occupational Therapy • Home Health Aides • Medical Social Work 	(828) 389 8106 115 Mountain Home Nursing Lane Hayesville, NC
Personal Touch Assisted Living <ul style="list-style-type: none"> • assisted living 	(828) 321 2657 56 Wilson Street Andrews, NC
Abound Health <ul style="list-style-type: none"> • provides a range of services to individuals with all ages with intellectual and/or developmental disabilities 	(828) 835 3030 225 Valley River Road, Suite E Murphy, NC

Skilled Nursing & Assisted Living Facilities	
Carolina Care Home <ul style="list-style-type: none"> assisted living facility 	828 321 4272 4021 Pisgah Road Andrews, NC
Elaine's Care Services: <ul style="list-style-type: none"> Respite Services Hospice Services Physical Disability Support Medication Management 	(828) 321 9501 (Available 24/7) Address 1: <ul style="list-style-type: none"> 288 6th Street Address 2: <ul style="list-style-type: none"> 17 Moore Street Andrews, NC
L and N Family Care Home <ul style="list-style-type: none"> assisted living facility 	(828) 321 5998 142 Grassy Knob Road Andrews, NC
Valley View Care and Rehabilitation Center <ul style="list-style-type: none"> rehabilitation center 	(828) 321 3075 551 Kent Street Andrews, NC
Murphy Rehabilitation and Nursing Services: <ul style="list-style-type: none"> Wound Care Pain Management Therapeutic Activities End of Life Care Respite Care 	828 835 7580 230 NC Highway 141 Murphy, NC

<p>Whispering Pines Family Care Home</p> <ul style="list-style-type: none"> • assisted living facility 	<p>(828) 321 3191 11 Piercy Road Andrews, NC</p>
<p>Autumn Halls of Unaka</p> <ul style="list-style-type: none"> • assisted living facility 	<p>(828) 835 8103 14949 Joe Brown Highway Murphy, NC</p>

Homeless Shelter(s)

<p>Hurlburt Johnson Friendship House</p> <ul style="list-style-type: none"> • The Mission of the Hurlburt-Johnson Friendship House is to offer shelter and support services in a nurturing, safe and caring environment to homeless families and individuals in Cherokee County and surrounding areas with an emphasis on achieving self-sufficiency. 	<p>(828) 837-2654</p> <p>73 Blumenthal St, Murphy, NC 28906</p>
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Information & Assistance

<p>Southwestern Commission Area Agency on Aging</p> <p>Mission: The mission of the Region A Area Agency on Aging is to assure that every older person in the region has the opportunity to live life to the fullest in the least restrictive setting possible.</p> <p>Service Area:</p> <ul style="list-style-type: none"> • Covers southwestern N.C including the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain and the Eastern Band of Cherokee Indians. <p>Direct Services:</p> <ul style="list-style-type: none"> • Family Caregiver Support Program • Long Term Care Ombudsman Program • Senior Medicare Patrol Program • The Health Promotion Program 	<p>828 586 1962</p> <p>125 Bonnie Lane, Sylva</p> <p>Ombudsman Program & Caregivers Program</p> <p>Contact: Anna Rogers</p> <p>(828) 586-1962</p>
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<ul style="list-style-type: none"> • The Legal Program • Senior Health Insurance Information Program 	extension: 223
<p>Cherokee County Senior Services</p> <p>Senior Services:</p> <ul style="list-style-type: none"> • transportation • nutrition • activities • education 	<p>828 837 2467</p> <p>69 Alpine Street Murphy, NC</p>
<p>Medicare</p> <p>Seniors Health Insurance Information Program (SHIIP)</p> <ul style="list-style-type: none"> • SHIIP is a program where trained counselors answer questions and counsel Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare prescription drug plans, long-term care insurance and other health insurance concerns. • The counseling is completely non-biased and is offered at no cost to the beneficiary. 	<p>828 837 2467</p> <p>Cherokee County Senior Services</p> <p>69 Alpine Street Murphy, NC</p>
<p>Medicaid</p> <p>Department of Social Services</p> <ul style="list-style-type: none"> • Medicaid provides assistance with medical expenses for low-income families with children, disabled adults, and the elderly. 	<p>(828) 837 7455</p> <p>4800 W US Highway 64 Murphy, NC</p>
<p>Services for the Blind</p>	<ul style="list-style-type: none"> • Jackson 828-586-5546 • Swain 828-488-6921 • Graham 828-497-7911 • Cherokee 828-837-7455 • Clay 828-389-6301

<p>NC Division of Services for Persons who are Deaf / Hard of Hearing</p> <p>Provides information, skills and tools that a person who is deaf or hard of hearing may need to achieve effective communication and access to resources in his/her community for independence and full participation in society.</p>	<ul style="list-style-type: none"> • Jackson 828-586-5546 • Swain 828-488-6921 • Graham 828-497-7911 • Cherokee 828-837-7455 • Clay 828-389-6301
Legal & Estate Planning	
<p>Stricker Law Firm</p> <p>Hours: 9am to 5pm Monday – Friday</p>	<p>828 835 7373</p> <p>102 Hiwassee Street Murphy, NC</p>
Home Modifications	
<p>Four Square Community Action</p> <p>8am – 5pm (Monday – Friday) Serving Cherokee, Clay, Graham, and Swain Counties, NC</p> <p>Services:</p> <ul style="list-style-type: none"> • Weatherization Assistance Program • Urgent Repair Program • Essential Single Family Rehabilitation • HUD Section 8 – Rental Housing Assistance Payment Program • Head Start • Community Services Block Grant 	<p>828 321 4475</p> <p>61 Milton Mashburn Drive Andrews, NC</p>

Senior Centers & Senior Meals	
<p>Penland Senior Center & Nutrition Site</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Congregate and Home Delivered Meals • Congregate Meals Served @ 11:30am <p>Hours: 8am to 5pm (Monday – Friday)</p>	<p>828 837 2467</p> <p>69 Alpine Street Murphy, NC</p>
<p>Hiwassee Dam Site</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides Congregate Meals for Seniors <p>Hours: 8am to 5pm (Monday – Friday)</p>	<p>828 644 0300</p> <p>7829 Highway 294 Murphy, NC</p> <p>Coordinator: Jane Stiles</p>
<p>Unaka Site</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides Congregate Meals for Seniors <p>Hours: 8am to 12pm (Monday, Wednesday Friday)</p>	<p>828 835 8313</p> <p>14945 Joe Brown Highway Murphy, NC</p>
<p>John Welch Senior Center Easter Band of Cherokee Indians</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides Congregate Meals for Seniors 	<p>Site Supervisor: Courtney Myers 828-359-6270</p> <p>(Main Line) 828-835-9741 or 828-359-6270</p> <p>302 Airport Road Marble, NC 28905</p>

<p>Andrews Sunshine Center Nutrition Site</p> <ul style="list-style-type: none"> • Congregate Meals served at 11:30am <p>Hours: 8am to 1pm (Monday – Friday)</p>	<p>828 321 4505</p> <p>54 Park Street Andrews, NC</p>
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Transportation	
<p>Cherokee County Transit Provides public transportation.</p>	<p>828 837 1789</p> <p>77 Hardin Street Murphy, NC</p>

Support Groups	
<p>Dementia Support Group Murphy Rehab & Nursing</p>	<p>828 835 7588</p>

GRAHAM COUNTY SENIOR RESOURCES

Healthcare	
<p>Smoky Mountain Urgent Care</p> <ul style="list-style-type: none"> • provides medical services 	<p>828 479 7682 21 South Main Street Robbinsville, NC</p>
<p>Graham County Public Health Department Services:</p> <ul style="list-style-type: none"> • Adult Health Clinic • Breast & Cervical Cancer Control Program • Car Seat Program • Child Services 	<p>828 479 7900</p> <p>191 P and J Road Robbinsville, NC</p>

<ul style="list-style-type: none"> • Dental Health • Family Planning • Immunization • Laboratory • Maternity Care • Community Alternatives Program for Disabled Adults (CAPS) • Women, Infants, & Children (WIC) 	
Home Health and In Home Services	
<p>Community Alternatives Program</p> <p>Graham County Health Department</p> <ul style="list-style-type: none"> • Medicaid funded, community based long term care program targeted at people 21 years old or older who meet nursing home level services to be safe, but also choose to remain in their how homes or private living environments in lieu of placement. 	<p style="text-align: center;">828 479 7900</p> <p style="text-align: center;">191 P and J Road Robbinsville, NC</p>
<p>Mountain Home Health Services</p> <p>Health Care Services:</p> <ul style="list-style-type: none"> • Skilled nursing • Physical therapy • Occupational therapy • Home health aides • Medical social work 	<p style="text-align: center;">828 389 8106</p> <p style="text-align: center;">115 Mountain Home Nursing Lane Hayesville, NC</p>
<p>Sawyer's Home Care</p> <ul style="list-style-type: none"> • provides home health services 	<p style="text-align: center;">828 479 4948</p> <p style="text-align: center;">533 Sweetwater Road Robbinsville, NC</p>

<p>Abound Health</p> <ul style="list-style-type: none"> • provides a range of services to individuals with all ages with intellectual and/or developmental disabilities 	<p>828 479 9470 416 Rodney Orr Bypass Robbinsville, NC</p>
<p>Skilled Nursing and Assisted Living Facilities</p>	
<p>Graham Healthcare and Rehabilitation Center</p> <p>Services:</p> <ul style="list-style-type: none"> • Skilled Nursing • Social Services • Respite Care • Post-Surgical Care • Pain Management • End of Life Care • Acute Care • Rehabilitation & Therapy 	<p>828 479 8421</p> <p>811 Snowbird Road Robbinsville, NC</p>
<p>Programs & Services</p>	
<p>Graham County Senior Center</p> <p>Monday thru Friday 7:30am until 3:30pm</p> <p>The Graham County Senior Center offers a wide variety of services to the senior citizens of Graham County who are 60 years of age or older or the spouse of someone who is 60 years old or older. Priority is given to those meeting or exceeding the poverty level.</p>	<p>828 479 7977</p> <p>185 West Fort Hill Road Robbinsville, NC</p>
<p>Southwestern Commission Area Agency on Aging</p> <p>Mission:</p>	<p>828 586 1962</p> <p>125 Bonnie Lane</p>

<p>The mission of the Region A, Area Agency on Aging is to assure that every older person in the region has the opportunity to live life to the fullest in the least restrictive setting possible.</p> <p>Service Area:</p> <ul style="list-style-type: none"> Covers southwestern N.C including the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain and the Eastern Band of Cherokee Indians. <p>Direct Services:</p> <ul style="list-style-type: none"> Family Caregiver Support Program Long Term Care Ombudsman Program Senior Medicare Patrol Program The Health Promotion Program The Legal Program Senior Health Insurance Information Program 	<p>Sylva, NC</p> <p>Ombudsman Program & Caregivers Program</p> <p>Contact: Anna Rogers</p> <p>(828) 586-1962 extension: 223</p>
<p>Seniors Health Insurance Information Program (SHIIP)</p> <ul style="list-style-type: none"> SHIIP is a program where trained counselors answer questions and counsel Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare prescription drug plans, long-term care insurance and other health insurance concerns. The counseling is completely non-biased and is offered at no cost to the beneficiary. 	<p>Graham County Senior Center</p> <p>828 479 7977</p> <p>185 West Fort Hill Road Robbinsville, NC</p>
<p>Graham County Social Services Hours: 8am – 5pm (Monday – Friday)</p>	<p>828 479 7911</p> <p>191 P and J Road Robbinsville, NC 28771</p>

<p>Medicaid</p> <ul style="list-style-type: none"> • Contact Graham County Social Services • Medicaid provides assistance with medical expenses for low-income families with children, disabled adults, and the elderly. 	<p>828 479 7911</p> <p>Graham County Social Services</p> <p>191 P and J Road Robbinsville, NC 28771</p>
Transportation	
<p>Graham County Transit</p> <ul style="list-style-type: none"> ❖ Provides public transportation. <p>Hours of Operation: Monday – Friday 8am to 5pm</p>	<p>828 479 4129</p> <p>201 West Fort Hill Road Robbinsville, NC</p>
Home Modifications	
<p>Four Square Community Action</p> <p>8am – 5pm (Monday – Friday) <i>Serving Cherokee, Clay, Graham, and Swain Counties, NC</i></p> <p>Services:</p> <ul style="list-style-type: none"> • Weatherization Assistance Program • Urgent Repair Program • Essential Single Family Rehabilitation • HUD Section 8 – Rental Housing Assistance Payment Program • Head Start • Community Services Block Grant 	<p>828 321 4475</p> <p>61 M Mashburn Dr, Andrews, NC 28901</p>
Senior Meals & Meal Sites	
<p>Graham County Senior Center</p> <p>Monday thru Friday 7:30am until 3:30pm</p> <p>Senior Meals</p> <ul style="list-style-type: none"> • The Senior Center site offers nutritious meals and activities for seniors who are active and like to fellowship with other seniors. 	<p>828 479 7977</p> <p>185 West Fort Hill Road Robbinsville, NC</p>

<ul style="list-style-type: none"> • Lunch is served daily at 11:30. There is no charge for lunch, however donations are accepted. • For the homebound seniors we offer Meals On Wheels. This program is designed to provide a hot nutritious meal to those who cannot prepare a meal for themselves. This service is free, but donations are accepted. 	
<p>Snowbird Center, Eastern Band of Cherokee Indians (Cherokee County, NC) Hours: 7:45am to 4:30pm Monday – Friday</p> <ul style="list-style-type: none"> • Provides transportation, nutrition, activities, and education pertinent to senior issues • Provides congregate senior meals 	<p>(Main Line) 828-479-9145</p> <p>157 Jackson Branch Rd, Robbinsville, NC 28771</p> <p>Site Supervisor: James Jones 828-346-6744</p>

HAYWOOD COUNTY SENIOR RESOURCES

Healthcare Services	
<p>Haywood Regional Medical Center, Duke LifePoint</p>	<p>(828) 456 7311 262 Leroy George Drive Clyde, NC</p>
<p>Urgent Care West, Duke LifePoint (US23/74 Exit 100 South) Hours: 8 am - 6:30 pm 7 Days a Week</p>	<p>828 452 8890</p> <p>556 Hazelwood Avenue Waynesville, NC</p>

<p>Urgent Care Canton, Duke Life Point (Exit 31 from I-40)</p> <p>Hours: 8 am - 4:30 pm Monday - Friday</p>	<p>828 648 0282</p> <p>55 Buckeye Cove Road Canton, NC</p>
<p>Mercy Urgent Care</p> <p>Hours: 9am to 4pm (Monday – Friday) 10am to 4pm (Saturday & Sunday)</p>	<p>(828) 210 2121</p> <p>120 Frazier Street Waynesville, NC</p>
<p>Mission My Care Now</p> <p>Hours: Monday – Friday 8 am - 6 pm Saturday – Sunday Closed</p>	<p>828 213 4444</p> <p>360 Hospital Drive Suite 100 Clyde, NC</p>
<p>Blue Ridge Community Health</p> <p>Hours: 8am – 5pm (Monday – Friday) Sat. & Sun (Closed)</p> <p>Services:</p> <ul style="list-style-type: none"> • behavioral health • dentistry • family medicine • nutrition department • pediatric medicine • pharmacy • school based health 	<p>828 246 6372</p> <p>490 Hospital Drive Clyde, NC</p>
<p>Haywood Health and Human Services</p> <p>Hours: 8am – 5pm (Monday – Friday) Sat. & Sun (Closed)</p> <p>Public Health Services (formerly the Haywood County Health Department), is responsible for assessing the health needs of the community, establishing health policies, identifying community resources to meet health needs, identifying threats to health, and providing health services</p>	<p>Public Health Services 828 452 6675</p> <p>157 Paragon Parkway Clyde, NC</p>

Physicians and Medical Practices

<p>Western Carolina Center for Hearing</p> <p>Services:</p> <ul style="list-style-type: none"> • Hearing Aids • Hearing Diagnostic Testing • Cochlear Implants 	<p>828 593 4327</p> <p>63 Haywood Park Drive Clyde, NC</p>
<p>Anovo Therapeutic Fitness & Physical Therapy</p> <p>Physical Therapy Services:</p> <ul style="list-style-type: none"> • pre & post-surgical rehab • joint replacement therapy • orthopedic conditions • post illness deconditioning • pain management • fall risk reduction • specializing in older adults • 1 on 1 treatments 	<p>828 246 6104</p> <p>279 Paragon Parkway Clyde, NC</p>
<p>Asheville Eye Associates</p> <ul style="list-style-type: none"> • offers eye exams for persons of all ages and a complete range of specialty eye services 	<p>800 531 3937 or 828 623 1086</p> <p>486 Hospital Drive Clyde, NC</p>
<p>Blue Mountain Chiropractic Center</p> <ul style="list-style-type: none"> • offers various chiropractic services 	<p>(828) 246 9555</p> <p>1510 Asheville Road Waynesville, NC</p>
<p>Comprehensive Pain Consultants</p> <ul style="list-style-type: none"> • specializes in pain management 	<p>828 246 0775</p> <p>90 Haywood Office Park Waynesville, NC</p>
<p>Mountain Laurel Dermatology</p> <ul style="list-style-type: none"> • offers general dermatology services, and early detections and treatment of skin cancers 	<p>(828) 565 0560</p> <p>11 Falcon Crest Lane Clyde, NC</p>

<p>Smoky Mountain Foot & Ankle Clinic</p> <ul style="list-style-type: none"> treats foot and ankles problems 	<p>(828) 452 4343 289 Access Road Waynesville, NC</p>
<p>Southeastern Physical Therapy – Canton</p> <ul style="list-style-type: none"> Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties Specializes in treatment and post-operative care of the shoulder, knee, ankle, elbow, hip, cervical spine, and lumbar spine 	<p>828 492 1480 80 Main Street Canton, NC</p>
<p>Southeastern Physical Therapy – Waynesville</p> <ul style="list-style-type: none"> Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties Specializes in treatment and post-operative care of the shoulder, knee, ankle, elbow, hip, cervical spine, and lumbar spine 	<p>828 246 6566 33 Valley View Terrace Waynesville, NC</p>
<p>Western Carolina Ear, Nose, and Throat Specialists</p>	<p>828 627 1234 63 Haywood Park Drive Clyde, NC</p>
<p>21st Century Oncology</p> <ul style="list-style-type: none"> cancer care services 	<p>(828) 456 5214 49 Spicewood Drive Clyde, NC</p>
<p>Hospice & Palliative Care</p>	
<p>Haywood Hospice & Palliative Care Hospice care is designed for patients with an end-stage chronic or terminal illness who are not seeking further curative treatment</p> <p>Care Specialties</p> <ul style="list-style-type: none"> ALS cancer care end of life care 	<p>828 452 5039 43 Bowman Drive Waynesville, NC</p>

<ul style="list-style-type: none"> • failure to thrive • HIV • life limiting illness • liver disease • palliative care • stroke or coma 	
<p>Home Health & In-Home Services</p>	
<p>Community Alternatives Program (CAP) / Disabled Adults (DA)</p> <p>Hours: 8am – 5pm (Monday – Friday) Sat. & Sun (Closed)</p> <ul style="list-style-type: none"> • CAP is the community alternatives program for disabled adults. It is a Medicaid funded program which provides in-home services to Medicaid eligible adults who qualify for a skilled nursing facility level. Home care is an alternative for those facing nursing facility <p>Services</p> <ul style="list-style-type: none"> • Adult Day Care • Durable and Non-Durable Medical Supplies • Home Mobility Aides • In-Home Aide Services • Meals on Wheels • Respite Care • Telephone Alert 	<p style="text-align: center;">828-356 2810</p> <p style="text-align: center;">Haywood Health & Human Services Department</p> <p style="text-align: center;">157 Paragon Parkway Clyde, NC</p>
<p>BAYADA Home Health</p> <p>Office Hours: 8:30am to 5:00pm Monday – Friday</p> <p>Services:</p> <ul style="list-style-type: none"> • Pediatrics • Adult & Private Duty Nursing • Adult Care & Medicare-certified Visits • Personal Care Companionship • Habilitation • Hospice 	<p style="text-align: center;">828 452 0010</p> <p style="text-align: center;">1200 Ridgefield Boulevard, Suite 110 – Asheville, NC</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">50 S. Main Street Waynesville, NC</p>

<p>CarePartners Home Health, Mission Services: provides nursing, therapy, social work, and personal care to patients throughout our region.</p>	<p>828 452 3600 88 Waynesville Plaza Waynesville, NC</p>
<p>Home Care Services of Haywood Regional Medical Center Services</p> <ul style="list-style-type: none"> • skilled nursing • physical therapy • occupational therapy • speech therapy • medical social worker • home health aid 	<p>828 452 8292 18B Bowman Drive in Waynesville, NC</p>
<p>Interim Health Care Hours: 8am to 5pm Monday – Friday Care Options</p> <ul style="list-style-type: none"> • Elder Care and Support • Skilled Care at Home • Health Care Staffing • Respire for Family Caregivers 	<p>828 274 2082 1977 Hendersonville Road. Unit 3 Asheville, NC 28803</p>
<p>Mountain Projects Hours: Monday – Thursday (8am – 5pm)</p> <p>Senior Services:</p> <ul style="list-style-type: none"> • Canton Nutrition Site • Congregate Nutrition Program • In Home Services • Haywood County Resource Center • Foster Grandparent Program • Senior Companions • Volunteer Center • Aging Plan <p>Housing Services:</p> <ul style="list-style-type: none"> • Housing Rehabilitation • Smoking Mountain Housing Partnership • Section 8 	<p>828 452 1447 2177 Asheville Road Waynesville, NC</p>

<ul style="list-style-type: none"> • Landlords <p>Other Services:</p> <ul style="list-style-type: none"> • Children’s Services • Food Service • Transportation • Mountain Strong Prevention • Central Services • Health Insurance Counselors 	
<p>No Boundaries Integrated Services</p> <p>Hours: 8am to 5pm Monday – Friday *Closed Daily Between 12pm to 1pm*</p>	<p>828 456 7930</p> <p>47 Forga Plaza Waynesville, NC</p>
<p>Abound Health</p> <ul style="list-style-type: none"> • provides a range of services to individuals with all ages with intellectual and/or developmental disabilities 	<p>(828) 564 5650</p> <p>1170 South Main Street Waynesville, NC</p>
<p>Western Home Health Care</p> <ul style="list-style-type: none"> • home health services 	<p>(800) 429-0369</p> <p>754 S Haywood St, Waynesville, NC 28786</p>
<p>Advantage Care Services</p> <ul style="list-style-type: none"> • home health services 	<p>(888) 350 5397</p> <p>32 Montgomery Street Waynesville, NC</p>

Adult Day Program

<p>Maple Leaf Adult Respite</p> <p>Hours: 7:30am to 5:30pm Monday – Friday Closed on Holidays home health services</p> <ul style="list-style-type: none"> • provides adult day care and adult day health 	<p>828 356 2236</p> <p>63 Elmwood Way Waynesville, NC</p>
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Skilled Nursing and Assisted Living Facilities

<p>Autumn Care Nursing and Rehabilitation</p> <ul style="list-style-type: none"> • offers specialized programs, skilled nursing and individualized care plans designed to help achieve beneficial outcomes for you or your loved one. <p>Services:</p> <ul style="list-style-type: none"> • rehabilitation • 24-hour skilled nursing care • long term care • assisted living • respite care • physical therapy 	<p>828 456 7381</p> <p>360 Old Balsam Road Waynesville, NC 28786</p>
<p>Creekside Villas Retirement Assisted Living Facility</p> <p>Services</p> <ul style="list-style-type: none"> • Assisted living • Independent living 	<p>(828) 456 9240</p> <p>465 Boyd Avenue Waynesville, NC</p>
<p>Haywood House</p> <ul style="list-style-type: none"> • Provides a holistic approach to caring for those with Alzheimer’s and other forms of dementia. 	<p>(828) 276 1004</p> <p>145 N. Main Street Canton, NC 28716</p>
<p>Haywood Lodge & Retirement Center</p> <p>Services</p> <ul style="list-style-type: none"> • Assisted living • Independent living 	<p>(828) 456.8365</p> <p>251 Shelton St, Waynesville, NC, 28786.</p>
<p>Maggie Valley Nursing and Rehabilitation</p> <p>Services:</p> <ul style="list-style-type: none"> • 24-hour skilled nursing care • long term care • respiratory care • therapy service • wound care program • hospice/palliative care • respite care • registered dietitian services • psychological services 	<p>828 926 4326</p> <p>75 Fisher Loop Maggie Valley, NC</p>

<p>Pigeon Valley Rest Home ❖ Silver Bluff Village Assisted Living Facility</p>	<p>828 648 2044 100 Silver Bluff Drive Canton, NC</p>
<p>Silver Bluff Village <i>Provides long term care & short term rehabilitation services</i> Four Facilities:</p> <ul style="list-style-type: none"> • Arrowhead Cove • Pigeon Valley • The Bluffs • Silver Bluff Rehab 	<p>828 648 2044 100 Silver Bluff Canton, NC</p>
<p>Silver Bluff Rehab</p> <ul style="list-style-type: none"> • offers short term rehabilitation services 	<p>828 549 1550 100 Silver Bluff Drive Canton, NC</p>
<p>Smoky Mountain Health and Rehabilitation Center Clinical Services</p> <ul style="list-style-type: none"> • skilled nursing services • social services • registered dietitian services • respite care • post-surgical care • wound care and management • respiratory care • pain management • hospice services • acute care services • stroke care & rehab. • diabetic management <p>❖ Rehabilitation and Therapy Services</p>	<p>828 454 9260 1349 Crabtree Road Waynesville, NC</p>
<p>Spicewood Cottages: Elms, Oaks, and Willows</p> <ul style="list-style-type: none"> • retirement and assisted living facility 	<p>828 456 8365 39 Loving Way Clyde, NC</p>

<p>Chestnut Park Retirement Center</p> <ul style="list-style-type: none"> • assisted living facility 	<p>828 456 5858 84 Chestnut Park Drive Waynesville, NC</p>
<p>McCracken Rest Home</p> <ul style="list-style-type: none"> • assisted living facility 	<p>828 456 9004 203 McCracken Street Waynesville, NC</p>
<p>Richland Community Care</p> <ul style="list-style-type: none"> • assisted living facility 	<p>828 452 0456 290 Killian Street Waynesville, NC</p>
<p>Haywood Nursing and Rehabilitation Center</p> <p>Services:</p> <ul style="list-style-type: none"> • Skilled Nursing • Rehabilitation • Memory & Dementia Care • Long Term Care 	<p>828 452 3154 516 Wall Street Waynesville, NC</p>
<p>Senior Centers & Meals</p>	
<p>Senior Resource Center</p> <p>Hours: Monday – Thursday 8:30 – 5:00p.m. Friday 8:30 – 3:30 p.m.</p> <ul style="list-style-type: none"> • The mission of the Haywood County Senior Resource Center is to equip and empower older adults in Haywood County to live in their own homes as long as they wish, and are able to do so safely, by maximizing community resources and building collaborations. 	<p>828 452 2370</p> <p>81 Elmwood Way, Waynesville, NC 28786</p>

<p>Canton Senior Center <i>Managed by Mountain Projects</i> Hours: 8:30am-12:30pm Monday – Friday</p> <ul style="list-style-type: none"> The mission of Canton Senior Center is to provide opportunities for socialization, recreation, and education; While promoting and preserving independence, wellness, and better nutrition for seniors in Haywood County 	<p>828 452 2370</p> <p>1 Pigeon Street Canton, NC</p>
<p>Waynesville Old Armory <i>Managed by Mountain Projects</i> Hours: 8:30am-12:30pm Monday – Friday</p>	<p>828 452 2370</p> <p>44 Boundary Street Waynesville</p>
<p>Maggie Valley Community Services Building <i>Managed by Mountain Projects</i></p> <p>Congregate Nutrition Program Hours: 9am to 1pm Monday – Friday</p>	<p>828 452 2370</p> <p>3987 Soco Road, Maggie Valley, NC 2875</p>
<p>Meals on Wheels Hours: Monday through Friday 8 a.m. to 5 p.m.</p> <ul style="list-style-type: none"> Haywood County Meals on Wheels provides a nutritious lunchtime meal to 	<p>828 356 2442</p>

<p>qualified individuals once per day, five days per week.</p> <ul style="list-style-type: none"> To qualify for the Meals on Wheels program in Haywood County, the individual must be 60 years of age or older, homebound, disabled and/or elderly and cannot prepare their meals for themselves or they do not have anyone who can prepare their meals for them. Also, live-in caregivers under 60 years of age may also be eligible to receive our meals if they are on full disability. 	
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Programs & Services

<p>Southwestern Commission Area Agency on Aging</p> <p>Mission: The mission of the Region A Area Agency on Aging is to assure that every older person in the region has the opportunity to live life to the fullest in the least restrictive setting possible.</p> <p>Service Area:</p> <ul style="list-style-type: none"> Covers southwestern N.C including the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain and the Eastern Band of Cherokee Indians. <p>Direct Services:</p> <ul style="list-style-type: none"> Family Caregiver Support Program Long Term Care Ombudsman Program Senior Medicare Patrol Program The Health Promotion Program The Legal Program 	<p style="text-align: center;">828 586 1962</p> <p style="text-align: center;">125 Bonnie Lane Sylva, NC</p> <p style="text-align: center;">Ombudsman Program & Caregivers Program</p> <p style="text-align: center;">Contact: Anna Rogers</p> <p style="text-align: center;">(828) 586-1962 extension: 223</p>
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<ul style="list-style-type: none"> • Senior Health Insurance Information Program 	
Medicare Insurance Plan Helpline Haywood Regional Medical Center	(855) 582 5181

Funeral Services

Smoky Mountain Cremations & Funeral Service <ul style="list-style-type: none"> • Provides Burial & Cremation Services 	828 565 3024 3264 Broad Street Clyde, NC 28721
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Homeless Shelter(s)

<p>Haywood Pathways Center Office Hours: 9am – 5pm <u>Must be a resident of Haywood County</u></p> <ul style="list-style-type: none"> • Haywood Pathways Center is a faith based 501 (c) 3 nonprofit organization in Haywood County that provides adult and family emergency shelter, halfway house for men and women recently released from prison, short term residential program for individuals seeking life transformation and soup kitchen providing free meals to those living in the shelter and within our community • Services are open to anyone in Haywood County regardless of age, race, gender, religion or nationality. No one who is sober and drug free is turned away for a short stay, but participation in the short term residential program requires the commitment to participate in a program, or programs, of Christ centered rehabilitation. 	<p>(828) 246-0332 179 Hemlock St, Waynesville, NC 28786 Director: Mandy Haithcox</p>
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Transportation	
Haywood Transit	828 565 0362 50 Armory Drive Clyde, NC

Support Groups	
Dementia Support Group Senior Resource Center	828 926 0018
Haywood Dementia Response Effort 81 Elmwood Way - Waynesville, NC	828 356 2817
Parkinson's Support Group Senior Resource Center	828 356 2800
Bereavement Support Group Senior Resource Center	828 452 5039
Women's Cancer Support Group	703 609 9107
Survivors of Suicide Loss	910 528 1069

JACKSON COUNTY SENIOR RESOURCES

Health Care	
Harris Regional Hospital, Duke Life Point • provides medical services	(828) 586 7000 68 Hospital Road Sylva, NC
Harris Regional Hospital Urgent Care • provides medical services	(828) 631 9462 176 Walmart Plaza Sylva, NC

<p>Mountain View Physicians Urgent Care</p> <ul style="list-style-type: none"> • provides medical services 	<p>(828) 586 7925 98 Cope Creek Road Sylva, NC</p>
<p>Jackson County Health Department</p> <p>Services:</p> <ul style="list-style-type: none"> • Clinic • Environmental Health • Public Health Preparedness • WIC & Nutrition Services • Health Education <p>Office Hours: Monday – Friday 8:00am – 5:00pm</p> <p>Clinic Hours: Monday – Friday 7:30am – 12:00pm & 1:00pm – 5:00pm</p> <p>Lab Hours: Monday – Friday 7:30am – 5:00pm</p>	<p>828 586 8994</p> <p>538 Scotts Creek Road, Sylva</p>
<p>Blue Ridge Community Health</p> <p>Services:</p> <ul style="list-style-type: none"> • Behavioral Health • Dentistry • Family Medicine • Nutrition Department • Pediatric Medicine e • Pharmacy • School Based Health 	<p>828 477 4334 293 Hospital Road Sylva, NC</p>

Physicians & Medical Practices

<p>Mountain Eye Associates</p> <p>Services:</p> <ul style="list-style-type: none"> • Routine, Medical, Surgical, and Consultative Eye Care • Optical Services • Cataract Surgery • Glaucoma • Macular Degeneration • Diabetic Eye Care • Specialty Contact Lens Fitting • Laser Vision Correction 	<p>828 477 4572</p> <p>137 Medical Park Loop, Sylva</p>
<p>Asheville Eye Associates</p> <ul style="list-style-type: none"> • offers eye exams for persons of all ages and a complete range of specialty eye services 	<p>(800) 531 3937</p> <p>1196 Skyland Drive Sylva, NC</p>
<p>Smoky Mountain Foot Clinic</p> <ul style="list-style-type: none"> • treats foot and ankles problems 	<p>(828) 586 8950</p> <p>32 Asheville Highway Sylva, NC</p>
<p>Jackson Medical Associates</p> <ul style="list-style-type: none"> • specializes in primary health care needs 	<p>(828) 339 2273</p> <p>1188 Skyland Drive Sylva, NC</p>
<p>Southeastern Physical Therapy, Canton</p> <ul style="list-style-type: none"> • Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties • Specializes in treatment and post-operative care of the shoulder, knee, ankle, elbow, hip, cervical spine, and lumbar spine 	<p>828 492 1480</p> <p>80 Main Street Canton, NC</p>
<p>Southeastern Physical Therapy, Waynesville</p> <ul style="list-style-type: none"> • Services Waynesville, Canton, Maggie Valley, Sylva, Cherokee, Haywood, and Jackson Counties • Specializes in treatment and post-operative care of the shoulder, knee, 	<p>828 246 6566</p> <p>33 Valley View Terrace Waynesville, NC</p>

ankle, elbow, hip, cervical spine, and lumbar spine	
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Hospice & Palliative Care

Harris Hospice and Palliative Care Provides spiritual, emotional, and medical support for individuals with life-limiting illnesses.	828 631 1702 81 Medical Park Loop; Suite 204, Sylva
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Funeral Services

Appalachian Funeral Services <ul style="list-style-type: none"> funeral services, planning, and grief support 	(828) 586-2444 165 Skyland Dr., Sylva, NC 28779
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Home Health and In-Home Services

Community Alternatives Program: Health Keeperz Services <ul style="list-style-type: none"> Home Health Home Medical Equipment CAP Case Management Hospice 	828 471 5230 52 Colonial Square Sylva, NC
Harris Home Health 8:00am - 4:30pm M - F; Closed Saturday and Sunday Provides home health care services	828 586 7410 81 Medical Park Loop Suite 204 Sylva, NC 28779
DisAbility Partners Center for Independent Living and offers numerous services to persons with disabilities	828 631 1167 525 Mineral Springs Road, Sylva

<p>Abound Health</p> <ul style="list-style-type: none"> • provides a range of services to individuals with all ages with intellectual and/or developmental disabilities 	<p>828 227 3318</p> <p>1 University Drive Killian Building 205 Cullowhee, NC</p>
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Skilled Nursing and Assisted Living Facilities

<p>Vero Health and Rehab of Sylva</p> <p>Services:</p> <ul style="list-style-type: none"> • rehabilitation services • post-acute recovery support • skilled nursing care • long term care • respite care • end of life care 	<p>828 631 1600</p> <p>417 Cloverdale Road, Sylva</p>
<p>Morning Star Assisted Living</p> <p>Care Services:</p> <ul style="list-style-type: none"> • assistance with dressing • medication management • meal preparation and service • 12-16 hour nursing • mental wellness program <p>Non Care Services:</p> <ul style="list-style-type: none"> • housekeeping/linen services • community sponsored activities • transportation arrangement (non-medical) • resident run activities 	<p>828 586 4002</p> <p>95 Morning Star Drive, Sylva</p>
<p>Skyland Care Center</p> <p>Services:</p> <ul style="list-style-type: none"> • 24/7 nursing care • medication administration • palliative care • hospice care • respite care • psychiatric care 	<p>828 586 8935</p> <p>193 Asheville Highway Sylva, NC</p>

<p>The Hermitage</p> <ul style="list-style-type: none"> • Provides assisted living & memory care 	<p>828 586 9070 185 Brickfarm Road, Sylva</p>
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Senior Programs & Services

<p>Jackson County Department on Aging Hours: Monday – Friday (8am – 5pm)</p> <p>The Jackson County Department on Aging is a one-stop resource center dedicated to providing services and support to the aging population of Jackson County. Older adults and caregivers can meet social, physical, mental, and some financial needs through programs offered at the Department on Aging.</p> <p>Jackson County Adult Day Program</p> <ul style="list-style-type: none"> • The Jackson County Adult Day Program is a professional service to older adults who are unable to live independently without the supportive care of their family and/or community. The Program supports and provides respite to family units as they continue to house the participant in their home or in the community setting. <p>Senior Nutrition Program</p> <p>The congregate nutrition meal program at the Department on Aging provides a hot, nutritious meal at the Sylva Senior Café and the Cashiers Senior Center. All meals are approved by a registered dietician and meet 1/3 of the recommended daily dietary allowance.</p>	<p>Main 828 631 8039</p> <p>Executive Director: Eddie Wells</p> <p>100 County Services Park, Sylva, NC 28779</p> <p>Main 828 586 5441</p> <p>Program Manager: Gail Cagle 828 631 8030</p> <p>Congregate Meals Manager Sarah Forbis Contact: (828) 631 8045</p> <p>Sylva Senior Cafe Heritage Room 828-586-8562</p>
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Meals on Wheels Program

- Meals on Wheels are available for homebound seniors aged 60 or older throughout Jackson County who are unable to prepare a meal because of age, medical condition, or other disability, and who have no one available to prepare meals for them.
- This service is provided without regard to race, religion, national origin, sex, handicap or ability to pay.

Seniors Health Insurance Information Program (SHIIP)

The Jackson County Department on Aging operates the Seniors Health Insurance Information Program (SHIIP).

- SHIIP is a program where trained counselors answer questions and counsel Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare prescription drug plans, long-term care insurance and other health insurance concerns.
- The counseling is completely non-biased and is offered at no cost to the beneficiary.

Project C.A.R.E & F.I.R.E

Community Action to Reach Elderly

Main

828 631 8037

Aimee Alich

Medicare Specialist

Contact:

(828) 631-8037

Contact

828-631-8037

Main

828 586 5494

<ul style="list-style-type: none"> provides safety modifications for low income elderly, homebound seniors and other qualifying persons in Jackson County. <p>Fuel Intervention for Rural Elderly</p> <ul style="list-style-type: none"> a program at the Department on Aging that cuts, splits, and delivers firewood to low income seniors who depend on firewood for their primary heating and/or cooking fuel. 	<p>Program Coordinator: Matt Broomell 828 631 8040</p>
<p>Southwestern Commission Area Agency on Aging</p> <p>Mission: The mission of the Region A Area Agency on Aging is to assure that every older person in the region has the opportunity to live life to the fullest in the least restrictive setting possible.</p> <p>Service Area:</p> <ul style="list-style-type: none"> Covers southwestern N.C including the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain and the Eastern Band of Cherokee Indians. <p>Direct Services:</p> <ul style="list-style-type: none"> Family Caregiver Support Program Long Term Care Ombudsman Program Senior Medicare Patrol Program The Health Promotion Program The Legal Program Senior Health Insurance Information Program 	<p>828 586 1962</p> <p>125 Bonnie Lane, Sylva</p> <p>Ombudsman Program & Caregivers Program</p> <p>Contact: Anna Rogers</p> <p>(828) 586-1962 extension: 223</p>
<p>Mountain Projects</p> <p>Hours: Monday – Thursday (8am – 5pm)</p> <p>Senior Services:</p> <ul style="list-style-type: none"> Canton Nutrition Site Congregate Nutrition Program In Home Services Haywood County Resource Center 	<p>828 586 2345</p> <p>25 Schulman Street, Sylva</p>

<ul style="list-style-type: none"> • Foster Grandparent Program • Senior Companions • Volunteer Center • Aging Plan <p>Housing Services:</p> <ul style="list-style-type: none"> • Housing Rehabilitation • Smoking Mountain Housing Partnership • Section 8 • Landlords <p>Other Services:</p> <ul style="list-style-type: none"> • Children’s Services • Food Service • Transportation • Mountain Strong Prevention • Central Services • Health Insurance Counselors 	
<p>Medicaid</p> <ul style="list-style-type: none"> • Medicaid provides assistance with medical expenses for low-income families with children, disabled adults, and the elderly. 	<p style="text-align: center;">828 586 5548</p> <p style="text-align: center;">Jackson County Department of Social Services</p> <p style="text-align: center;">15 Griffin Street, Sylva</p>
<p>Services for the Blind</p>	<ul style="list-style-type: none"> • Jackson 828-586-5546 • Swain 828-488-6921 • Graham 828-497-7911 • Cherokee 828-837-7455 • Clay 828-389-6301

<p>NC Division of Services for Persons who are Deaf / Hard of Hearing</p> <ul style="list-style-type: none"> • Provides information, skills and tools that a person who is deaf or hard of hearing may need to achieve effective communication and access to resources in his/her community for independence and full participation in society. 	<p>Jackson 828-586-5546 Swain 828-488-6921 Graham 828-497-7911 Cherokee 828-837-7455 Clay 828-389-6301</p>
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Senior Centers

<p>Jackson County Senior Center</p> <ul style="list-style-type: none"> • Located at the Jackson County Department on Aging facility and offers daily activities and services for the aging community <p>Mission Statement:</p> <ul style="list-style-type: none"> • The Jackson County Senior Center promotes positive aging by supporting older adults in their pursuit of a lifestyle that nurtures healthy, active and productive living. 	<p style="text-align: center;">828 586 5494</p> <p style="text-align: center;">100 County Services Park, Sylva</p>
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<p>Cashiers Senior Center</p> <p>Hours: Monday – Friday (8:30am – 4:30pm)</p> <ul style="list-style-type: none"> • provides a board range of activities and services for seniors living in the southern area of Jackson County. The center is located at 217 Frank Allen Road in Cashiers and is a satellite location of the Jackson County Department. • The site provides nutritious lunches, Meals on Wheels, social activities, arts & 	<p style="text-align: center;">828 745 6856</p> <p style="text-align: center;">217 Frank Allen Road, Cashiers</p>
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crafts, health promotion, field trips, and more.	
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Food Resources & Assistance

<p>Community Table Meals: <i>everyone welcome</i> *drive pick up only* Mondays, Tuesdays, Thursdays, and Fridays from 4:00pm-5:30pm</p> <p>Food Pantry: Jackson County, NC residents only, every 2 weeks) on the same days between 11:00am-5:30pm</p>	<p style="text-align: center;">828-586-6782</p> <p style="text-align: center;">23 Central Street, Sylva NC (next to Sylva Pool and across from Poteet Park)</p> <p style="text-align: center;">Executive Director: Paige Christie</p>
<p>United Christian Ministries <i>*Must be a Jackson County Resident*</i> Hours: Monday, Thursday, Friday (10am-3pm) Tuesday (12:30pm-5:00pm) Wednesday (10am-12:30pm)</p>	<p style="text-align: center;">828-631-0317</p> <p style="text-align: center;">3 Skyland Drive, Sylva, NC</p>
<p>Grace House Food Pantry Food Pantry: 4 Saturdays a month (9am -10am) *open-door policy - phone number and address needed*</p>	<p style="text-align: center;">Contact: Judy Revis 828-269-8859</p> <p style="text-align: center;">Across from the post office in Whittier, at the corner of Church and Main Streets</p>

Transportation

<p>Jackson County Transit</p> <ul style="list-style-type: none"> Provides transportation for human service agencies, the elderly, persons with disabilities, and the general public of Jackson County 	<p style="text-align: center;">828 586 0233</p> <p style="text-align: center;">1148 Haywood Road Sylva, NC</p>
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Homeless Shelters

<p>HERE in Jackson County, Inc.</p> <ul style="list-style-type: none"> HERE's mission is to end homelessness throughout Jackson County by providing temporary 	<p style="text-align: center;">(828) 477-4946</p> <p style="text-align: center;">77 Eastgate Dr, Sylva, NC 28779</p>
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<p>emergency shelter, housing-focused case management services and short-term financial assistance. Our vision is to secure stable affordable housing and end homelessness throughout Western North Carolina.</p>	
<p>BeLoved Asheville</p> <ul style="list-style-type: none"> provides services for the homeless 	<p>(828) 571-0766</p> <p>32 Old Charlotte Hwy, Asheville, NC 28803</p>
<p>Restoration House Office Hours: Mon – Fri 10am - 2pm</p> <ul style="list-style-type: none"> The mission of Restoration House – WNC is to provide Restorative Services for all people at zero to minimal cost in the Western North Carolina region. The restorative services are for the mind, body and heart and may include: free medical care, free counseling, access to free food and supplemental education as well as temporary emergency housing. 	<p>828-538-4540</p> <p>81 Academy Street PO Box 154 Bryson City, NC 28713</p>
<p>Western Carolina Rescue Ministries Services:</p> <ul style="list-style-type: none"> Overnight Emergency Shelter Hot Meals Served Daily Food Boxes Counseling Job Training Recovery Programs <p>Requirements for Intake:</p> <ul style="list-style-type: none"> government issued photo ID negative COVID test no sexual registry 	<p>828 254 0471</p> <p>225 Patton Avenue P.O. Box 909 Asheville, NC 28801</p>

Support Groups

Dementia Support Group	828 227 7165
Bereavement Support Group	828 450 7575
Breast Cancer Support Group	828 631 8100
Tremor Support Group	828 736 3165

SWAIN COUNTY SENIOR RESOURCES

Health Care

<p>Swain Community Hospital, Duke LifePoint</p> <ul style="list-style-type: none"> provides medical services <p>Services</p> <ul style="list-style-type: none"> care management, digestive health, emergency department, imaging, orthopedics/sports medicine, outpatient therapy, pain management, pediatric care, primary care, restorative care unit, senior life solutions, sleep medicine 	<p>828 488 2155</p> <p>45 Plateau Street, Bryson City 28713</p>
<p>Smoky Mountain Urgent Care</p> <ul style="list-style-type: none"> provides medical services <p>Hours: Open Mon - Fri 9:00am - 6:00pm Open Sat & Sun 9:00am - 3:00pm</p>	<p>828 538 4546</p> <p>80 Veterans Boulevard, Bryson City</p>
<p>Swain County Health Department</p> <p>Hours: 7:45am – 4:45pm (Monday – Friday)</p> <ul style="list-style-type: none"> Provides children’s health and dental services, environmental health services, health education, Women & Infant Children (WIC) services, and provides clinics for child health and dental care, communicable diseases, immunizations, 	<p>828 488 3198</p> <p>545 Center Street, Bryson City 28713</p>

<p>maternity care, women’s health and family planning</p> <p>Swain County Department of Social Services</p> <p>Office Hours: 8am-5pm (Monday-Friday)</p> <p>Adult Services:</p> <ul style="list-style-type: none"> • adult care home case management • adult care home monitoring • guardianship • payeeship • placement services • protective services • special assistance in home • services for the blind <p>Economic Services:</p> <ul style="list-style-type: none"> • Child Support Enforcement • Day Care Subsidy • Domestic Violence • Emergency/Energy Assistance • Food and Nutritional Services • Fraud Investigation • Medicaid • Medicaid Transportation • Work First • Youth Employment Permits 	<p style="text-align: center;">828 488 6921</p> <p style="text-align: center;">80 Academy Street Bryson City, NC 28713</p>
<p>Swain County Caring Corner</p> <p>Phone line is open Tuesday, Thursday, or Friday 9 am to 11:15 am</p> <ul style="list-style-type: none"> • nonprofit organization that provides medical services to underserved adults, ages 18-64 • If you or a loved one is uninsured and makes less than 200% of poverty level, then please call 828-341-1998 to see if you qualify to receive free medical care. 	<p style="text-align: center;">828 341 1998</p> <p style="text-align: center;">81 Academy St, Bryson City, NC 28713</p>

Home Health & In-Home Services

<p>Community Alternatives Program: Health Keeperz</p> <p>Services:</p> <ul style="list-style-type: none"> • Home Health • Home Medical Equipment • CAP Case Management • Hospice 	<p>828 471 5230 52 Colonial Square Sylva, NC</p>
<p>PRN Nursing Services</p> <p>Hours: 10am to 3pm Monday – Thursday</p> <p>Services:</p> <ul style="list-style-type: none"> • Private In-Home Care • Personal Care Services • CAP/DA Services • CAP/C Services • CAP Nursing Services • Private Duty Nursing Services • Infusion Nursing Services • Companion/Sitter/Respite Services 	<p>828 631 4838</p> <p>1403 Main Street Bryson City, NC</p>
<p>In Home Aid Services</p> <ul style="list-style-type: none"> • Service providing direct patient care and emotional support. • Provides assistance with day to day tasks such as bathing, dressing, feeding, and home management. <p>Home & Community Care Block Grant (CHORE PROGRAM)</p> <ul style="list-style-type: none"> • Provides services to individuals 60 years of age or older. Services include basic household task, meal preparation, and personal care services 	<p>828 488 3198</p> <p>Swain County Health Department</p> <p>545 Center Street, Bryson City 28713</p>

Skilled Nursing & Assisted Living Facilities

<p>Bryson Senior Living</p> <ul style="list-style-type: none"> • provides assisted living & respite care 	<p>828 488 2780</p> <p>314 Hughes Branch Rd, Bryson City, NC 28713</p>
<p>Mountain View Manor Nursing Center</p> <p>Services & Therapies:</p> <ul style="list-style-type: none"> • Alzheimer’s care • physical, occupation, and speech therapy • respite services • hospice services • mental health • dental care 	<p>828 488 2101</p> <p>410 Buckner Branch Road, Bryson City</p>

<p style="text-align: center;">Senior Centers & Programs</p>	
<p>Swain County Senior Center</p> <p>Hours: Mon – Thurs (7:00am – 4:00pm) Friday (7:00am – 1:00pm) Closed Sat. & Sun.</p> <ul style="list-style-type: none"> • Multi-purpose senior activity center serving the senior citizens of Swain County <p>Congregate Dining</p> <ul style="list-style-type: none"> • available for any Senior in Swain County who is 60 years or older. • This will be a hot meal Monday thru Friday. The serving time is 11:00 am till 12:00 noon. 	<p>828 488 3047</p> <p>125 Brendle St, Bryson City, NC 28713</p>
<p>Tsali Manor Senior Citizens Program</p>	<p>(Main Line) 828-359-6860</p> <p>Senior Citizens Manager: Debbie West</p> <p>828 359 6291 or</p>

	<p>828 736 3950</p> <p>145 Tsali Manor Street Cherokee, NC 28719</p> <p>Contact: Sherry Welch 828-359-6290 Congregate, Homebound Meals, Supplement</p>
Programs & Services	
<p>Southwestern Commission Area Agency on Aging</p> <p>Mission: The mission of the Region A Area Agency on Aging is to assure that every older person in the region has the opportunity to live life to the fullest in the least restrictive setting possible.</p> <p>Service Area:</p> <ul style="list-style-type: none"> • Covers southwestern N.C including the counties of Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain and the Eastern Band of Cherokee Indians. <p>Direct Services:</p> <ul style="list-style-type: none"> • Family Caregiver Support Program • Long Term Care Ombudsman Program • Senior Medicare Patrol Program • The Health Promotion Program • The Legal Program • Senior Health Insurance Information Program (SHIIP) 	<p>828 586 1962 125 Bonnie Lane Sylva, NC</p>
<p>Services for the Blind</p>	<ul style="list-style-type: none"> • Jackson 828-586-5546 • Swain

	<p>828-488-6921</p> <ul style="list-style-type: none"> • Graham <p>828-497-7911</p> <ul style="list-style-type: none"> • Cherokee <p>828-837-7455</p> <ul style="list-style-type: none"> • Clay <p>828-389-6301</p>
<p>NC Division of Services for Persons who are Deaf / Hard of Hearing</p> <p>Provides information, skills and tools that a person who is deaf or hard of hearing may need to achieve effective communication and access to resources in his/her community for independence and full participation in society.</p>	<p>Jackson</p> <p>828-586-5546</p> <p>Swain</p> <p>828-488-6921</p> <p>Graham</p> <p>828-497-7911</p> <p>Cherokee</p> <p>828-837-7455</p> <p>Clay</p> <p>828-389-6301</p>

Transportation

<p>Swain Public Transit</p> <p>Swain Public Transit provides transportation to all residents of Swain County to work, medical appointments, shopping, dialysis, cancer treatment or whatever your transportation needs</p>	<p style="text-align: center;">828 488 3213</p> <p style="text-align: center;">125 Brendle Street, Bryson City</p>
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Homeless Shelters

<p>Bryson City Church of God Homeless Shelter</p> <ul style="list-style-type: none"> • provides services for the homeless 	<p style="text-align: center;">828 488 2415</p> <p style="text-align: center;">1027 Toot Hollow Rd, Bryson City, NC 28713</p>
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<p>Restoration House Office Hours: Mon – Fri 10am - 2pm</p> <ul style="list-style-type: none"> The mission of Restoration House – WNC is to provide Restorative Services for all people at zero to minimal cost in the Western North Carolina region. The restorative services are for the mind, body and heart and may include: free medical care, free counseling, access to free food and supplemental education as well as temporary emergency housing. 	<p>828-538-4540</p> <p>81 Academy Street PO Box 154 Bryson City, NC 28713</p>
Food Services/Pantries	
<p>Everett Street Presbyterian Church Sanctuary Food Pantry: Tuesdays (6pm - 8pm) Friday (10am-12pm) *need food voucher from Swain County Social Services*</p>	<p>828-488-2480</p> <p>311 Everett Street, Bryson City, NC</p>
<p>Home Delivered Meals</p> <ul style="list-style-type: none"> program is for any Senior in Swain County who is 60 years or older. You must be a shut-in and unable to drive around town - or needs assistance with preparing meals. This is a hot meal delivered to your home Monday thru Friday 	<p>Call: 828 488 3047</p> <p>Swain County Senior Center</p> <p>125 Brendle St, Bryson City, NC 28713</p>
Support Groups	
<p>Dementia Support Group</p>	<p>828 359 6294</p>

