



Artist: *Daniel Reed* , Eastern Band of Cherokee Indians "*Healers* "

Ceremonies, songs, dances and art, in all its forms can inspire change in our community. We must be willing to participate in that change by sharing our own stories. With each picture, within this calendar, the artist shares a story that some of us may find a connection to, because we too, have felt the same pain, or witnessed the results of a similar situation. This time, we get to move the painful story to a transformation page of healing. We decide how our story gets told, because we are our own storytellers, we are the positive change in our community. We have our own medicines to heal, within us.

Marsha Davis - Eastern Band of Cherokee Indians - *Deer Clan*



January - Month of Dreaming

**Laughter attracts joy, releases negativity,
and leads to miraculous cures.**

-Rhonda Byrne

**Artist: *Daniel Reed* , Eastern Band of
Cherokee Indians-Bird Clan, "*All the
Bruises We Want are Hickies*"**

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
						New Year's Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
	Martin Luther King Day					
23	24	25	26	27	28	29
30	31	1	2	3	4	5

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February - Teen Dating Violence Awareness Month

You took away my worth, my privacy, my energy, my time, my safety, my intimacy, my confidence, my own voice, until now.
- Anonymous

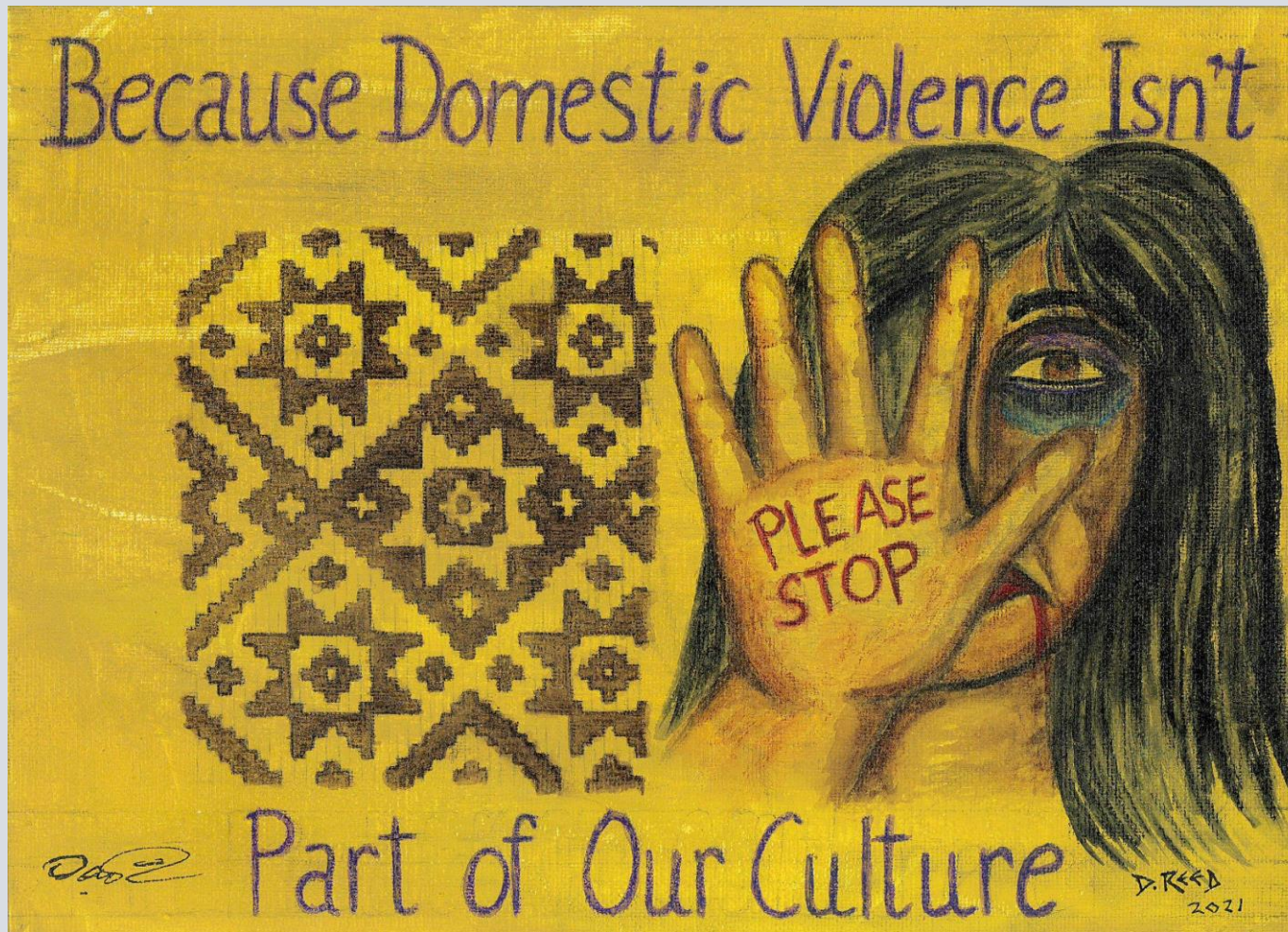
Artist: *Daniel Reed* , Eastern Band of Cherokee Indians-Bird Clan, "*No Means No* "

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
	President's Day					
27	28	1	2	3	4	5
6	7	8	9	10	11	12

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March - National Women's History Month



Healing doesn't mean the damage never existed. It means the damage no longer controls our lives.

- Author Unknown

Artist: *Daniel Reed* , Eastern Band of Cherokee Indians-Bird Clan, "*Noon Day Sun* "

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

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April - Sexual Assault Awareness & Child Abuse Awareness Month

You're not a victim for sharing your story. You are a survivor setting the world on fire with your truth. And you never know who needs your light, your warmth, and raging courage.

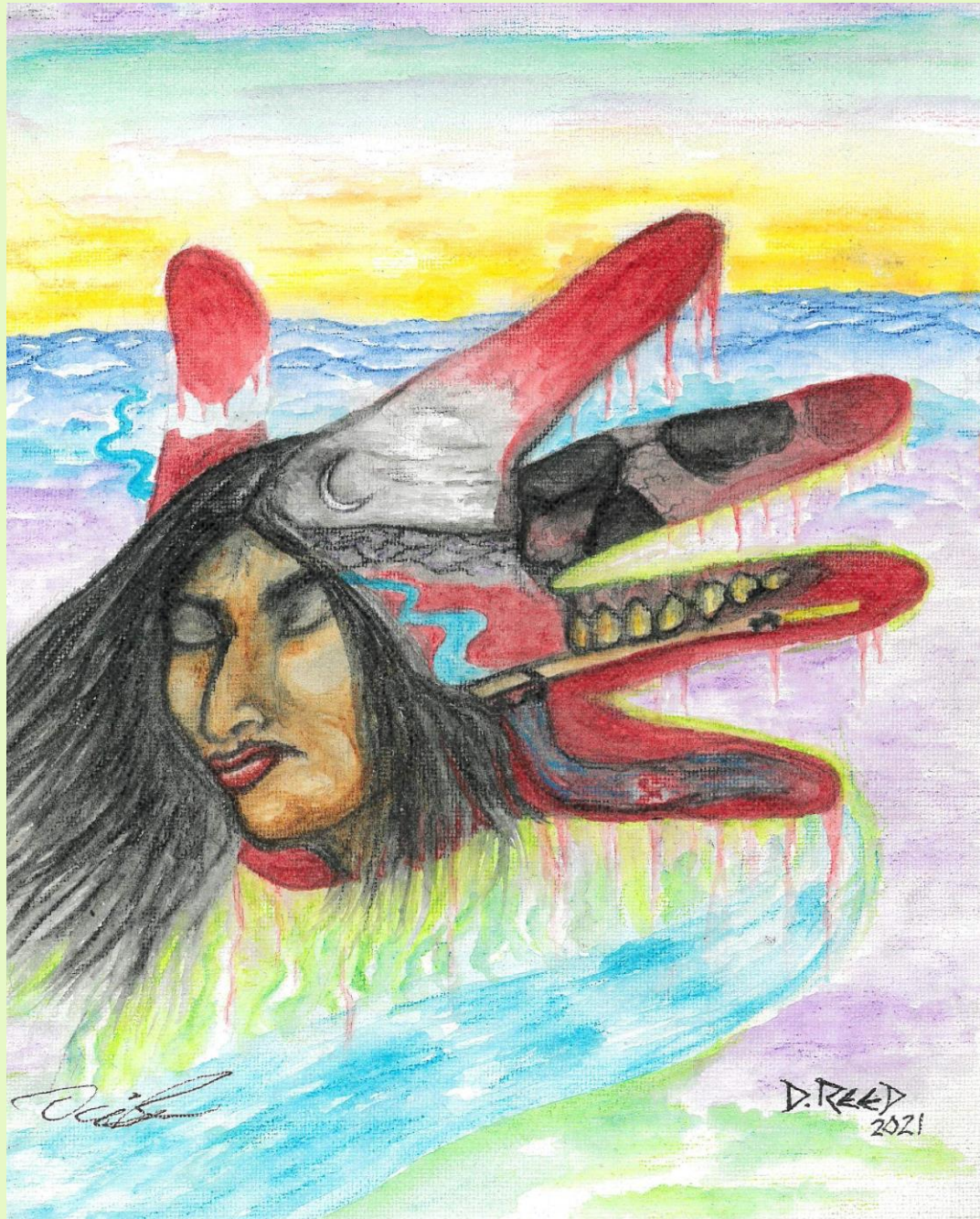
- Alex Elle

Artist: *Daniel Reed* , Eastern Band of Cherokee Indians-Bird Clan, "*Do Not Tell a Soul* "

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
					Good Friday	
17	18	19	20	21	22	23
Easter Sunday						
24	25	26	27	28	29	30
1	2	3	4	5	6	7

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**May 5 - National Day of Awareness for
Missing Murdered Indigenous Women &
Girls (MMIWG)**

**She was so powerful, not because she
wasn't scared but because she went on so
strongly despite her fear.**

- Atticus

**Artist: *Daniel Reed* , Eastern Band of
Cherokee Indians-Bird Clan - "*Story
Carriers*"**

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
	Memorial Day					
5	6	7	8	9	10	11

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The greater a child's terror, and the earlier it is experienced, the harder it becomes to develop a strong and healthy sense of self.

- Nathaniel Branden

Be the Person you needed when you were younger.

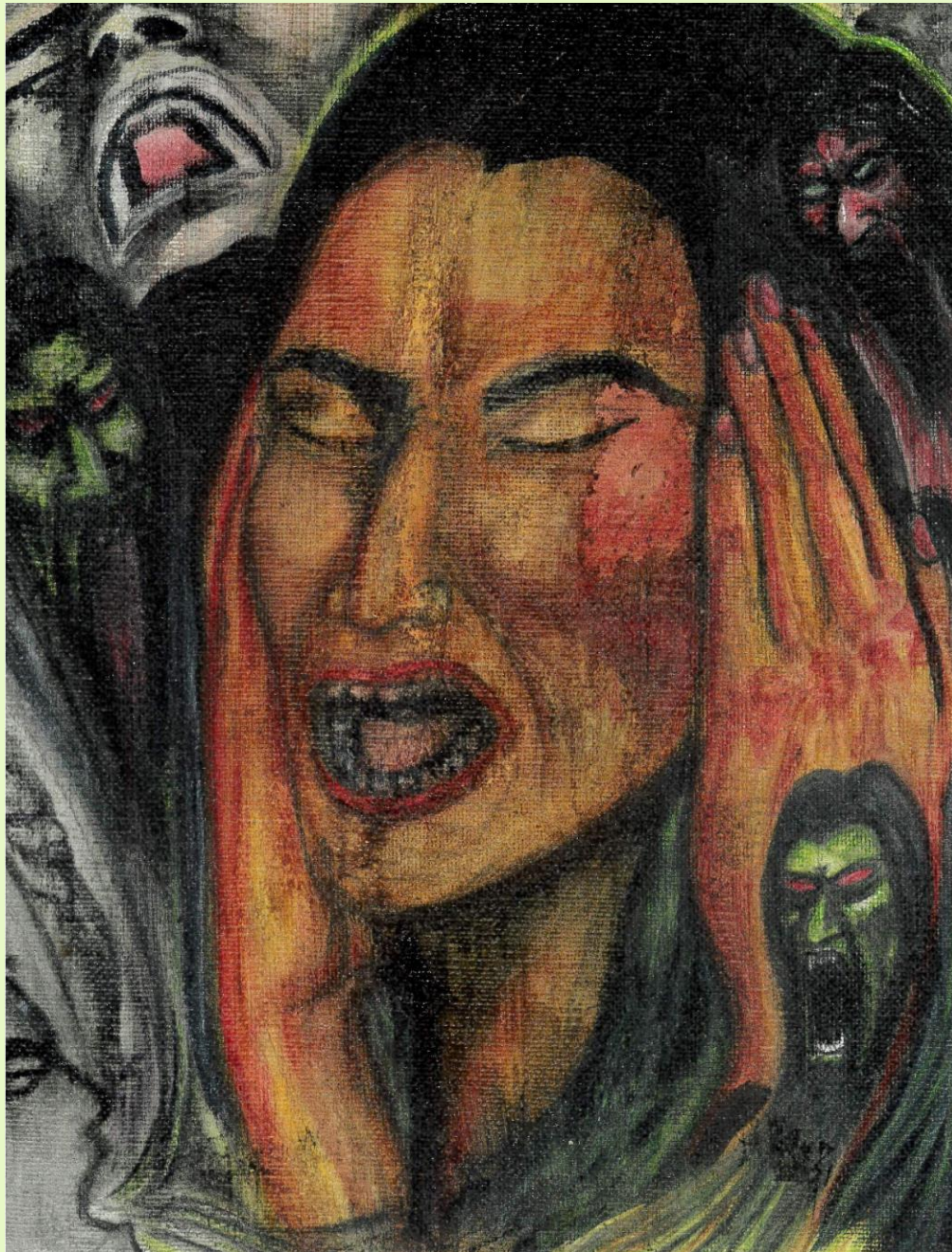
- Anonymous

Artist: *Daniel Reed* , Eastern Band of Cherokee Indians-Bird Clan, "*It Hurts Me Too* "

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

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Verbal Abuse can cause Emotional Distress. "War Words" can be described as a visual representation of the words that can be present in an abusive relationship.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel"
- Maya Angelo

Artist: *Daniel Reed* , Eastern Band of Cherokee Indians-Bird Clan, "*War Words* "

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4	5	6	7	8	9
	Independence Day					
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

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You can't go back and change the beginning but you can start where you are and change the ending.

- C.S. Lewis

"To deny people their human rights is to challenge their very humanity."

- Nelson Mandela

Artist: Daniel Reed , Eastern Band of Cherokee Indians-Bird Clan, "Taken "

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				EBCI-Elder's Day		
28	29	30	31	1	2	3
4	5	6	7	8	9	10

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**September 30th, Canada's National Day
for "Every Child Matters"**

**We should never forget...it's part of who
we are as a nation. And this nation must
never forget what it once did to its most
vulnerable people.**

- *Senator Murray Sinclair*

**Artist: *Daniel Reed* , Eastern Band of
Cherokee Indians-Bird Clan -
"*Generational Traumas*"**

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
	Labor Day					
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	4	5	6	7	8

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October - Domestic Violence Awareness Month

**Don't be ashamed of your story - it will
inspire others.
- *Anonymous***

**Artist: *Daniel Reed* , Eastern Band of
Cherokee Indians-Bird Clan, "*With
Conditions* "**

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

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**November - National American Indian
Heritage Month**

**Never let self-doubt hold you captive.
- Roy Bennett**

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Cherokee Indians-Bird Clan, "*Held
Captive* "**

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	1	2	3	4	5
6	7	8	9	10	11	12
					Veteran's Day	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

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**December 3 - International Day of
Persons with Disabilities:** Observance was
established to promote an understanding of disability
issues and mobilize support for the dignity, rights and well-
being of persons with disabilities

**All you need is within you... Find your
heart and you will find your way.**
- Carlos Barrios

**Artist: Daniel Reed , Eastern Band of
Cherokee Indians-Bird Clan,
"Remembering the Pain "**

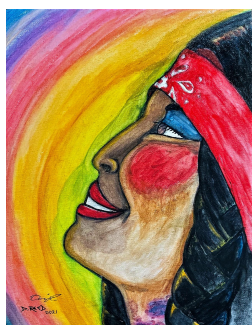
December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
						Christmas Eve
25	26	27	28	29	30	31
Christmas Day						
1	2	3	4	5	6	7

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Cover



January

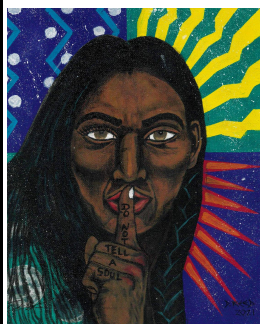


February



March

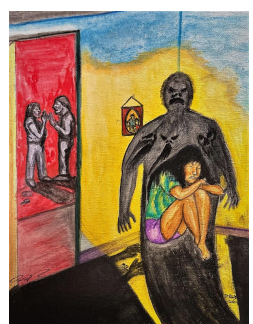
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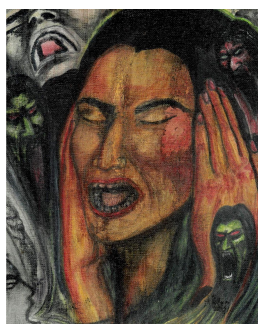
April



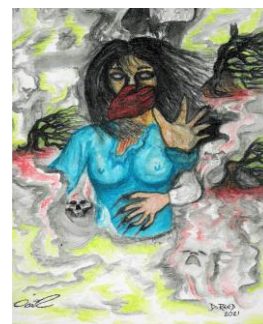
May



June



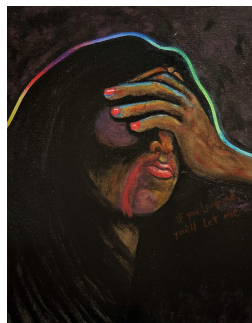
July



August



September



October



November



December

