

## HOW DO I SIGN UP?

Call or visit us at:

Beloved Women's & Children's  
Center

73 Kaiser Wilnoty Road

Cherokee, NC 28719

828-359-6865 or 828-359-6250

Text: 828-788-4401

**Mailing Address:** PO Box 666  
Cherokee, NC 28719

**Fax Number:** 828-359-0416



## WHO CAN ENROLL IN THE PROGRAM?

Any woman who is:

- ◆ Enrolled EBCI tribal member, 1st descendent or father of baby is enrolled in EBCI tribe.
- ◆ Less than 28 weeks pregnant.
- ◆ Eligible for services at Cherokee Indian Hospital Authority.

You can join as early in your pregnancy as you like, but you must join before the 28th week of pregnancy.



*"NFP built my family up and made us a stronger unit."*

Follow us on Facebook @ EBCI Nurse-Family Partnership & Check out the EBCI NFP Digital Story @ <https://youtu.be/Ua2FPT4fAwo>

# EBCI Nurse Family Partnership





### **WHAT IS NURSE- FAMILY PARTNERSHIP?**

Nurse-Family Partnership is a program to help support women throughout their pregnancy and until their baby is 2 years old. If you enroll, a specially trained nurse will visit you in your home or place of your choice throughout your pregnancy and continue to visit until your baby is two.

### **HOW OFTEN WILL MY NURSE VISIT?**

Your nurse will visit with you ranging from weekly to monthly during your pregnancy and up until your baby is 2 years old.



### **HOW MUCH DOES THE PROGRAM COST?**

Nurse-Family Partnership is **FREE** to all eligible women.

### **DO I HAVE TO BE A FIRST TIME MOM TO ENROLL?**

No, You **DO NOT** have to be a first-time mom to enroll in the program.

### **CAN MY BABY'S FATHER PARTICIPATE TOO?**

Nurse-Family Partnership encourages fathers, family members and even friends to be involved in the visits and learn how they can best support you.

### **MY NURSE WILL HELP ME:**

- ◆ Have a healthy pregnancy and a healthy baby
- ◆ Enhance parenting skills
- ◆ Build a strong network of support for me and my baby
- ◆ Make my home a safe place for my baby to live and play.
- ◆ Assist you with finding community resources, such as healthcare, childcare, job training and other support services available in my community.
- ◆ Find ways to continue my education and develop job skills
- ◆ Set goals for my family's future and find ways to help me reach them.

